

# NASA LANGLEY CHILD DEVELOPMENT CENTER

## STUDENT MENU

### Menu 2      On a Cyclical Cycle

	Breakfast	Lunch	Snack
<b>M O N</b>	<b>Cheese toast Sliced apples Milk</b>	<b>Beanie weenies Buttered corn Diced pears Bread Milk</b>	<b>Cracker w/ cheese Apple juice</b>
<b>T U E S</b>	<b>French toast sticks w/syrup Diced peaches Milk</b>	<b>Turkey &amp; rice casserole Green beans Pineapple tidbits Milk</b>	<b>Gingerbread Apple juice</b>
<b>W E D</b>	<b>Blueberry muffins Applesauce Milk</b>	<b>Chicken noodle soup Peanut butter &amp; jelly sandwich Fruit mix Milk</b>	<b>Celery sticks w/ peanut butter Apple juice</b>
<b>T H U R S</b>	<b>Sausage biscuits Orange wedges Milk</b>	<b>Macaroni &amp; cheese Broccoli Mandarin oranges Bread Milk</b>	<b>Teddy grahams Milk</b>
<b>F R I</b>	<b>Cornflakes w/ milk Grape juice</b>	<b>Pizza sticks Mixed vegetables Fruit mix Milk</b>	<b>Vanilla wafers Bananas Milk</b>

#### Substitutions for:

- Cheese toast or cheese sandwich or peanut butter toast, ham, turkey or bologna sandwich
- Crackers & cheese or peanut butter crackers
- Macaroni & cheese or chicken noodle soup or chicken & rice soup
- Pizza or English muffin with tomato sauce or spaghetti sauce base, topped with either sausage, hamburger, ham or turkey
- Biscuit or peanut butter toast